



## SCIENTIFIC PROGRAM CONVERGENCES PP 2023 – BARCELONA

Day 1 – Thursday October 19 <sup>th</sup> - WORKSHOPS	
8:00 – 9:00	<b>Registration</b>
9:00 – 10:30	<p><b>Workshop 1: Infiltration and nerve block techniques</b> <i>Chair: T Riant, A Borobia</i></p> <p>9:00 – 9:20</p> <ul style="list-style-type: none"> <li>● Trans-gluteal truncal and radicular diagnostic infiltrations. <i>Jean Clavé</i></li> </ul> <p>9:20 – 9:40</p> <ul style="list-style-type: none"> <li>● Infiltration of local anaesthetics / botulinum toxin in the levator ani, piriformis and internal obturator muscles. <i>Lara Quintas and Georgia Romero</i></li> </ul> <p>9:40 – 10:00</p> <ul style="list-style-type: none"> <li>● Blockade of the coccyx and the sacroiliac joint.. <i>Ana Borobia</i></li> </ul> <p>10:00 – 10:30</p> <p>Discussion</p>
10:30 – 11:00	<b>Coffee break</b>
11:00 – 12:30	<p><b>Workshop 2: Multidisciplinary management, from theory to practice</b></p> <p>Clinical cases: Management of pelvic and perineal pain. Discussion of 3 clinical scenarios by a panel of experts, to represent a multidisciplinary team of a chronic pelvic pain clinic (3 blinded clinical cases), emulating a clinical committee on chronic pelvic pain.</p> <p>Theory is great, but how do you do it in practice?</p> <p><i>Chair: A Levesque, O Porta</i> <i>Panel of discussants: C Marra, E Moral, M Cervigni</i></p>
12:30 – 14:00	<b>Lunch break</b>
14:00 – 14:15	<p><b>CONGRESS WELCOME &amp; INTRODUCTION</b> <i>Introduction: E Bautrant. O Porta, L Quintas</i></p>
14:15 – 14:45	<p><b>Keynote Lecture 1:</b> Multimodal physical therapy for provoked vestibulodynia. <i>Mélanie Morin</i></p>
14:45– 16:30	<p><b>Session 1: Transition from acute to chronic pain. Central sensitization.</b> <i>Chair: M Cervigni, J de Andrés</i></p> <p>14:45 – 15:00</p> <ul style="list-style-type: none"> <li>● Visceral chronic pain in the absence of injury: how to change paradigms. <i>Marc Beer Gabel</i></li> </ul> <p>15:00 – 15:15</p> <ul style="list-style-type: none"> <li>● When pain uncouple from harm: what do we understand for central sensitization? <i>José De Andres</i></li> </ul>



## Convergences in Pelvipерineal Pain Convergences en Douleur Pelvi Périnéale Convergencias en el Dolor Pélvico Perineal

15:15 – 15:30	<ul style="list-style-type: none"> <li>How can we diagnose central sensitization? <i>Joaquim Fernández Solà</i></li> <li>When to operate and when not to operate? <i>Stéphane Ploteau</i></li> <li>How to manage a patient with central sensitisation for surgery/peri-operatively <i>Amélie Lévesque</i></li> <li>Bladder Pain Syndrome / IC: highlights of the New York ESSIC 2023. <i>Mauro Cervigni</i></li> </ul>
15:30 – 15:45	
15:45 – 16:00	
16:00 - 16:10	
16:10-16:30	
	Discussion
<b>16:30– 17:00</b>	<b>Coffee break</b>
<b>17:00 – 18:30</b>	<p><b><u>Session 2: Endometriosis and Pain</u></b> <i>Chair: F Carmona, E Baurtant</i></p>
17:00– 17:15	<ul style="list-style-type: none"> <li>Mechanisms of pain in Endometriosis. <i>Francisco Carmona</i></li> <li>Medical and non pharmacological treatment for endometriosis pain: an update. <i>Delphine Lhuillery</i></li> <li>Botulinum toxin injections in endometriosis pain: indications and outcomes. <i>Eric Baurtant</i></li> <li>Predictors of treatment failure in patients with endometriosis-associated chronic pelvic pain. <i>Lara Quintas</i></li> <li>Recurrence of pain after surgery, what to do? <i>Émilie Faller</i></li> </ul>
17:15 – 17:30	
17:30 – 17:45	
17:45 – 18:00	
18:00 – 18:15	
18:15 - 18:30	Discussion
<b>18:30 – 19:30</b>	<p><b><u>Selected free communication</u></b> <i>Chair: C Leveque, A Levesque</i></p>

### Day 2 – Friday October 20<sup>th</sup>

<b>9:00 – 10:30</b>	<p><b><u>Session 3: Neuroscience of movement in pelvic pain</u></b> <i>Chair: I Montes, G Valancogne</i></p>
9:00 – 9:15	<ul style="list-style-type: none"> <li>Biomechanics of the pelvis. <i>Federica Anasetti</i></li> <li>Pelvic pain during gait. <i>Núria Pérez Fernández</i></li> <li>Therapeutic exercise in chronic pain. <i>Carolina Walker</i></li> <li>Pyramidal syndrome in chronic pelvic pain. <i>Isabel Montes</i></li> <li>Lumbar pathology and chronic pelvic pain. <i>Olivier Bredeau</i></li> <li>Pelvic pain of spinal origin: Robert Maigne’s Syndrome. <i>Pedro Castells Ayuso</i></li> </ul>
9:15 – 9:25	
9:25 - 9:40	
9:40 – 9:55	
9:55 – 10:05	
10:05 – 10:15	
	Discussion
<b>10:30 – 11:00</b>	<p><b><u>Keynote Lecture 2:</u></b> Neuropelveology and Chronic pelvic pain <i>Marc Possover</i></p>
<b>11:00 – 11:30</b>	<b>Coffee break</b>
<b>11:30 – 13:00</b>	<p><b><u>Session 4: Coccygodynia, search for a consensus</u></b> <i>Chair: A. Borobia, JY Maigne, G. Romero</i></p>



**Convergences in Pelvipерineal Pain**  
**Convergences en Douleur Pelvi Périnéale**  
**Convergencias en el Dolor Pélvico Perineal**

11:30 – 11:50 11:50 - 12:10 12:10 – 12:30 12:30 - 13:00	<ul style="list-style-type: none"> <li>● Diagnosis and pathophysiological mechanisms. <i>Jean Yves Maigne</i></li> <li>● Manual therapy for the treatment of coccygodynia. <i>Maud Meunier</i></li> <li>● Medical and surgical management of coccygodynia. <i>Stéphane Ploteau</i></li> </ul> <p>Discussion</p>
<b>13:00 – 14:30</b>	<b>Lunch break</b>
<b>14:30- 16:00</b>	<b>Session 5: Pelvic pain in the primary care setting.</b> <i>Chair: F Nohales, C Leveque</i>
14:30 – 14:45	<ul style="list-style-type: none"> <li>● How to improve ambulatory management of chronic pelvic pain? <i>Christine Leveque</i></li> </ul>
14:45– 15:00	<ul style="list-style-type: none"> <li>● What are the basics of the clinical examination and complementary tests? <i>Francisco Nohales</i></li> </ul>
15:00 – 15:15	<ul style="list-style-type: none"> <li>● The role of the general practitioner and the emergency physician in dealing with chronic pelvic pain. <i>Laura Conangla</i></li> </ul>
15:15 – 15:30 15:30 – 16:00	<ul style="list-style-type: none"> <li>● The role of the physiotherapy in initial care. <i>Inés Ramirez</i></li> </ul> <p>Discussion</p>
<b>16:00– 16:30</b>	<b>Coffee break</b>
<b>16:30 – 18:00</b>	<b>Session 6 : Pelvic pain, chronicity and mental health</b> <i>Chair: M Beer Gabel, AF Planté</i>
16:30 – 16:45 16:45 – 17:00	<ul style="list-style-type: none"> <li>● Anhedonia and chronic pain. <i>Aida Mallorqui</i></li> <li>● Trauma-informed strategies and practices for physiotherapy: Working with complex trauma, sexual assault survivors in physiotherapy. <i>Anne Florence Planté</i></li> </ul>
17:00 – 17:15	<ul style="list-style-type: none"> <li>● What does it mean to be anally retentive? Characteristics of anal personality and chronic pain. <i>Marc Beer Gabel</i></li> </ul>
17:15 – 17:30	<ul style="list-style-type: none"> <li>● Revelation and/or evocation of traumatic events during an interview: What to do and for what purpose? <i>Virginie Quistrebert</i></li> </ul>
17:30 – 18:00	Discussion
<b>18:00 – 19:00</b>	<b>Selected free communications</b> <i>Chair: S Ploteau, L Quintas</i>
<b>20:30</b>	<b>Congress Dinner</b>
<b>Day 3 – Saturday October 21<sup>th</sup></b>	
<b>9:00 – 10:30</b>	<b>Session 7: Chronic pelvic pain at different stages of life.</b> <i>Chair: A Pessarrodona, E del Moral</i>
9:00 – 9:15 9:15 – 9:30 9:30 – 9:45	<ul style="list-style-type: none"> <li>● Sexuality and pelvic pain through the life span. <i>Raquel Tulleuda</i></li> <li>● Vestibulodynia versus vaginismus. <i>Eric Bautrant</i></li> <li>● Vulvodynia in the elderly woman: Genitourinary syndrome of the menopause, and dermatological disorders. Diagnostic approach and therapeutic proposals. <i>Ramon Usandizaga</i></li> </ul>
9:45 – 10:00 10:00 – 10:15	<ul style="list-style-type: none"> <li>● Erectile dysfunction, orgasm and pain. <i>María Fernanda Peraza</i></li> </ul>



**Convergences in Pelvipерineal Pain  
Convergences en Douleur Pelvi Périnéale  
Convergencias en el Dolor Pélvico Perineal**

10:15 – 10:45	<ul style="list-style-type: none"> <li>• Pregnancy and childbirth in patients with chronic pelvic pain. <i>Oriol Porta</i></li> </ul> <p>Discussion</p>
<b>10:45 – 11:15</b>	<b>Coffee break</b>
<b>11:15 – 12:15</b>	<p><b><u>Session 8: Towards patient-centered medicine</u></b> <i>Chair : O. Porta, E. Baustrant</i></p>
11:15 – 11:30	<ul style="list-style-type: none"> <li>• Experiences with shared decision-making in patients with endometriosis. <i>Montse Moharra</i></li> </ul>
11:30 – 11:45	<ul style="list-style-type: none"> <li>• The quality of care delivered to patients from the patient perspective. Joan Escarrabill</li> </ul>
11:55 – 12:00	<ul style="list-style-type: none"> <li>• Living with endometriosis and... sense of humour: Identified lacks and potential solutions for the health care system. <i>Eva Flo</i></li> </ul>
12:00 – 12:30	Roundtable discussion with representatives of patient associations
<b>12:45 – 13:15</b>	<p><b><u>Keynote Lecture 3:</u></b> How will artificial intelligence influence the way we practice medicine? <i>Genís Roca</i></p>
<b>13:15 – 13:30</b>	<b>Conclusions. News in CPP.</b>
<b>13:30 – 14:00</b>	<b>General Assembly Convergences PP</b>